Rose Buds Swim Team is a great introduction to the fun of swimming through practices, culture and competition for children of all ages. Swimmers practice with, and compete against, children in their similar age ranges in a non-intimidating, TEAM-oriented, fun and energetic environment. Swimming is a life-long family sport that is both fun and rewarding. Our coaches aim to instill a passion for the sport of swimming in all our Rose Buds athletes.

**Tryouts:**
Monday thru Friday from 3:00-3:30.
Minimum age is 6 years old
Must complete 25 yards of Freestyle with rotary breathing and 25 yards of Backstroke with alternating arms without stopping.

**Group Description:**
Once a swimmer has made the Rose Buds team. They will then be evaluated and placed into a lane. Lanes are set up to help each swimmer learn proper technique depending on the overall knowledge and understanding of each stroke. As swimmers improve their technique they will be moved to other lanes for more advanced instruction. Once a swimmer reaches the top lane in a group they will then start to transition onto the competitive team if they so desire.

**Practice Groups and Times:**

**Rose 1 – ages 8 and under**
T/TH 4:30pm to 5:15pm
M/W 4:30pm to 5:15pm

**Rose 2 – ages 9 to 10**
T/TH 5:15pm to 6:00pm
M/W 5:15pm to 6:00pm

**Rose 3 – ages 11 and over**
T/TH 6:00pm to 6:45pm
M/W 6:00pm to 6:45pm

**Seasons:**
Fall – Sept 9 thru Dec 20
Winter – Jan 6 thru Apr 17
Summer – April 20 thru Jul 31

**15 Week Season**

**Cost:**
Registration: $35 Team fee paid annually
USA Registration $20 fee paid annually
Season rate $510 per practice group

All registration fees and season rate must be paid in full before swimmer may enter water. Payments are made via Teamunify.com/Rose. Payment options are available upon request.

**Director of Developmental Swimming**
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