

Dive Lessons: Daily dive lessons are offered to campers who are in a yellow swim color or advance color (see swim lessons.) by RBAC's Junior Olympic coach Isabella Saakin. Every camper is first dive tested on the ledge of the pool, from there are taught basic dive jumps from the diving boards. On occasion our dive coach will let the campers who are ready to, dive off the 3 meter board. Parents are encouraged to come and watch their children dive off the 3 meter! 1<sup>st</sup> and 2<sup>nd</sup> grade campers will have a life guard in the water as well at all times when diving. Goggles are not permitted while diving.

